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Instruction - Ecomap

Aim

• Visualisation and evaluation (e.g. positive, negative) of social contacts in the context of the whole of society.

Scope of application in connection with the "Intense-Assessment"

- Continuation and deepening tool to "Social relationships"
- Used for clients who require an extensive amount of support and for whom a Case Management support is planned

Handling

The formation of groups prevents one from going into too much detail. The focus is on a societal and graded system of resources. Due to the many opportunities, the ecomap provides a quick outline of the respective situation.

This form can easily be dealt with by the key worker within the scope of a session: Instructions are:

- 1. "Encircle all terms that are part of your current environment."
- 2. "Draw lines, starting at you, to each circle that represents a positive and powerful relation for you."
- 3. "Draw dashed lines, starting at you, to each circle that represents a negative and troublesome relation for you."
- 4. "Draw wiggly lines to all circles that you need but that are currently not at your disposal."
- 5. "Now, look at your picture. How would you describe it in summary? What conclusions can you draw from it?







Interpretation

Answering the following questions serves to assist in the interpretation:

- Are the required supports available?
- Where do contacts of clients accumulate (e.g. in the nearer environment; institutionally arranged contacts)?
- Of what kind are the relationships of the clients towards the single contacts?
- Do relationships of dependence exist (e.g. depending on institutionally arranged contacts)?
- What are the opportunities and obstacles for building up functional relations to the environment?
- What resources and dangers become apparent from the ecomap?

